



西雅图中信福音中心

677 S King St

Seattle, WA 98104

206-624-0988

ccmsgc@gmail.com

www.ccmseattle.org

www.ccmgospelcenter.org

第 105 期
10/2026



我在云南昆明出生长大。童年时，一位宣教士亲戚送给我儿童圣经和诗歌本，在我心里撒下了福音的种子。后来，我到美国马里兰大学留学，被邀请参加留学生查经班。同工们的爱心接待和陪伴深深感动了我，也使我开始认识圣经和耶稣，并于 2013 年 3 月 31 日在马里兰中华圣经教会乐道堂受洗。

毕业后，我来到西雅图，先后从事博士后、助理研究员和科技行业的用户研究工作。这些年，我和先生一起在教会及研经团契（BSF）中学习、服事和成长，也在生活的不同阶段学习信靠神。

在科技公司工作多年后，我因公司被收购后的组织调整而被裁员。失去工作令我难过，但安静下来后，我也渐渐看见神奇妙的安排和保护。先生此前在做一个基本没有收入的创业项目，经过祷告和考虑，他决定结束创业，重新回到职场。就在他开始新工作的第一周，我被裁员了。回头看，神先为先生预备了工作，再让我停下职场脚步，能够安心寻求祂下一步的带领。

在等候神的日子，撒迦利亚书 4 章 6 节反复出现在我面前：“不是倚靠势力，不是倚靠才能，乃是倚靠我的灵方能成事。”这节经文提醒我，不要只倚靠学历、经验和自己的计划寻找出路，而要安静下来，留意圣灵的带领。

I was born and raised in Kunming, Yunnan Province, China. When I was a child, a relative involved in missionary work gave me a children's Bible and a hymnbook, quietly planting the first seeds of faith in my heart. Years later, I came to the University of Maryland to pursue my graduate studies and was invited to join a Bible study for international students. I was deeply touched by the kindness, hospitality, and faithful care of the ministry leaders. Through their fellowship, I began to learn about the Bible and Jesus Christ. On March 31, 2013, I was baptized at the Chinese Bible Church of College Park.

After graduation, I moved to Seattle, where I worked as a postdoctoral researcher and later a user experience researcher in the technology industry. Over the years, my husband and I have continued to learn, serve, and grow through our church and Bible Study Fellowship (BSF). Through different seasons of life, we have also been learning what it means to place our trust in God.

After working in the technology industry for several years, my role was eliminated as part of an organizational restructuring following my company's acquisition. Losing my job was painful. Yet as I became quiet before God, I gradually began to recognize His gracious provision and protection. My husband had been working on a start-up that generated very little income. After much prayer and

不久后，教会长老将我推荐给正在筹备西雅图东区福音中心的董事 Thomas 弟兄和 Aileen 姐妹。他们盼望找到一位有科技公司职场背景、能用国语服事华人群体的同工。见面交流时，我们彼此都有从神而来的喜乐和平安。他们请我用三天时间祷告，寻求是否愿意回应这个呼召。

祷告中，我重新回望过去在职场、教会和 BSF 中服事的经历。它们看似彼此独立，如今却让我逐渐看见，或许都是神一点一滴的预备。先生也鼓励我：“在这个世界上，没有什么事情比传福音更有意义。”我愿意凭着信心回应：“是的，我愿意接受这个呼召。”

后来我才发现，回应呼召的那一天正好是 2026 年 3 月 31 日，也是我受洗十三周年。十三年前，神带领我开始新的属灵生命；十三年后，祂又带领我踏入新的服事禾场。这使我心中充满感恩，也更加相信祂的带领。

愿主带领东区福音中心早日正式启用。盼望主带领更多各个教会的弟兄姐妹一起来同心传扬福音、关怀陪伴东区禾场中的职场人士和家庭，并帮助他们找到可以委身的教会。求主带领许多福音朋友来到我们中间，使他们感受到基督的爱，认识耶稣、接受救恩，在祂里面得着更新的生命、真正的平安和永恒的盼望。



玉蓉姐妹和她的丈夫胡晓及儿子胡安义

consideration, he decided to step away from it and return to the workforce. During the first week of his new job, I received the news that I was being laid off. Looking back, I can see that God first provided employment for my husband and then gave me the space to pause and peacefully seek His direction for my next step.

During that season of waiting, Zechariah 4:6 came before me again and again: “Not by might nor by power, but by my Spirit,” says the Lord Almighty. This verse reminded me not to rely solely on my degree, professional experience, or personal plans to find a way forward. Instead, I needed to quiet my heart and remain attentive to the leading of the Holy Spirit.

Soon afterward, an elder from my church introduced me to Thomas and Aileen, board members who were helping establish a new Gospel Center on Seattle’s Eastside. They were seeking a Mandarin-speaking ministry worker with professional experience who could serve the local Chinese community. When we met, we shared a deep sense of joy and peace from God. They asked me to spend three days in prayer, seeking whether I was willing to respond to this call.

During those days of prayer, I reflected on my experiences in the workplace, in church, and in serving with BSF. Although these parts of my life had once seemed separate, I began to see that perhaps God had been using each one as part of His quiet and gradual preparation. My husband also encouraged me, saying, “There is nothing more meaningful in this world than sharing the gospel.” I felt ready to respond in faith: “Yes, I am willing to accept this call.”

Only later did I realize that the day I responded was March 31, 2026, the thirteenth anniversary of my baptism. Thirteen years earlier, God had led me into a new spiritual life; thirteen years later, He was leading me into a new field of ministry. This realization filled my heart with gratitude and strengthened my trust in His guidance.

May the Lord guide the Eastside Gospel Center toward its official opening. We pray that He will bring together brothers and sisters from local churches to share the gospel, care for and walk alongside professionals and families in the Eastside community, and help them find churches where they can grow and faithfully belong. Above all, we pray that God will bring many people who are exploring the Christian faith into our midst, so that they may experience the love of Christ, come to know Jesus, receive His salvation, and find renewed life, true peace, and eternal hope in Him.



7/25 与西雅图华人美南浸信会合办夏日同乐日：保健讲座
Summer Fun Day Joint Outreach with Chinese Southern Baptist Church on July 25: Wellness Workshops



夏日同乐日：赞美操
Summer Fun Day: Praise Dance



夏日同乐日：夏日冰川大冒险 (儿童节目)
Summer Fun Day: Alaskan Trek (Vacation Bible School)



9/26 中秋街会布道：街头表演
Night Market Outreach on September 26: Street Performances



中秋街会布道：免费纹身贴纸
Night Market Outreach: Free Tattoos



中秋街会布道：祝福之轮
Night Market Outreach: Wheel of Blessing



9/5 福乐小组户外聚会
Blessed Group Outing at Aubrey Davis Park Picnic Shelter on September 5



下午茶座
Afternoon Tea Time



下午小聚
Afternoon Gathering



感恩喜乐赞美操
Joyful Workout / Praise Dance



社区外展：庆喜公园
Community outreach @Hing Hay Park



长青运动班
Senior Exercise



福音粤曲布道：松柏楼
Cantonese Opera outreach @Legacy House



ENG124 实用美语 100 句 & CD101 趣味中文初级班在西雅图华人美南浸信会 (美南) 上课
 Practical American English & Children's Chinese Language Classes at Chinese Southern Baptist Church (CSBC)



美南弟兄姐妹们在课堂中献唱诗歌
 CSBC members sharing special music during class



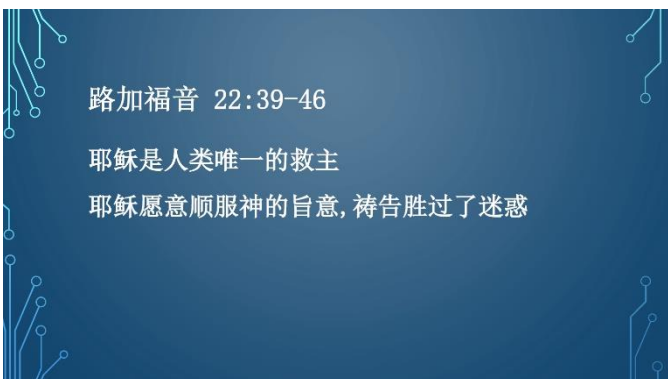
ENG113 英语会话班(四)
 English Conversational Class



CT217 公民入籍简单易懂 128 题
 Citizenship Prep Class - Civics 128 Q&As



CP100 手机达人班 (谷歌 AI)
 Cell Phone Training (Google Gemini)



[网课]「生命之救主」路加福音查经课程
 Online Bible Study

1.3 N-400 是非题概览				
37 YES/NO 题 = 31 NO 题 + 6 YES 题				
	6 YES 题 (必须回答Yes)	意思	题数	题号
1	Do you support..?	你支持...吗?	1	31
2	Do you understand..?	你明白...吗?	1	32
3	Are you willing..?	你愿意...吗?	1	34
4	If the law.., are you willing..?	如果法律..你愿意...吗?	3	35-37

[网课] CT221 公民入籍从容应对 N400 是非题
 [Online] Citizenship Prep Class - N-400 Yes/No Q&As

中信福音中心 秋季网路课程



CCM Gospel Center Online Classes 2026 Fall Quarter

生命之救主

路加福音查经课程



每周五

[美西] 下午 3:30-4:30

[休士頓] 下午 5:30-6:30

[夏威夷] 下午 12:30-1:30

如有兴趣参加，请联系
ccmsgc@gmail.com

在十月至十二月份期间提供 20 多门课，
包括英语、公民入籍、圣经、电脑/手机、
文艺兴趣、专题讲座、粤语课程/讲座

We offer 20+ classes between October and December
including ESL, citizenship preparation, Bible study, computer
& cell phone training, arts & hobbies, special topic
workshops, Cantonese speaking classes & workshops.

课程表 Schedule:

<http://ccmgospelcenter.org/class/>

报名表 Registration:

<https://ccmgospelcenter.org/class/registration/>

CT222 公民入籍 能听会说易过关



10月14日 - 11月18日

每周三 共六课

[美西] 下午 3:00-5:00

[休士頓] 下午 5:00-7:00

[夏威夷] 下午 12:00-2:00



中信网路课程
2026年秋季

有系统地掌握闲谈及个人信息内容，
加强听说能力的培养，能够听懂考官
的话，会说考官能懂的话



儿童及成人学习班 CLASSES

西雅图华人美南浸信会



西雅图中信福音中心 合办

2026 秋季学习班

长幼齐学习 建美好人生

10/3-11/7 (共6课)

周六下午2:00-3:30

西雅图华人美南浸信会
925 S King St, Seattle

- 费用全免, 备有茶点款待
- 报名请扫描二维码或联系福音中心
- 查询: ccmsgc@gmail.com 或 206-624-0988



CD101

趣味中文初级班

快乐学中文, 点亮智慧的灯!

- 对象为六岁及以上儿童
- 通过生动有趣的教学方法, 让孩子们在快乐中学习普通话
- 系统学习常用汉字, 为中文学习打下坚实基础
- 以圣经故事为载体, 引导孩子学习爱与分享, 培养正直、善良的品格



ENG125

实用美语100句(五)

告别中式英语, 说出地道美语!

- 对象为成年人
- 通过高频美语句型和生活情景词汇的反复操练, 帮你构建地道美语思维
- 告别生硬的翻译式英语, 自信流利地进行日常对话



实体课程

CT217 公民入籍简单易懂128题

Citizenship Preparation Class - Civics Made Easy

轻松攻克 128 题 自信迈向美国公民

10/19 - 11/23 共 6 课

周一 下午 1:30 - 3:15

2026年秋季 西雅图中信福音中心



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- 系统掌握公民知识 128 题中的 What, When, Who & Why 类问题 (共61题), 从而提高分辨和准确回答各题的效率
- 学习阅读和听写测试中常见句子
- 每堂课均设有测验, 旨在加强听说读写能力的培养



布道培训 EVANGELISM TRAINING

西雅图 喜讯布道队

Cantonese Opera Outreach Team

周六上午10:30-下午12:30

西雅图中信福音中心

677 S King St

Seattle, WA 98104

- 由本地不同的教会弟兄姊妹组成，透过福音粤曲去传扬主的福音，定期出队到安老院等地方布道
- 查询: ccmsgc@gmail.com 或 (短信/微信/WhatsApp) 206-624-0988



同心事主 榮神益人



福音聚会 GOSPEL MEETINGS

普通话聚会

欢迎随时参加

福乐小组

美味餐点 • 欢歌笑语
真理分享 • 交友联谊

每周日下午1:30-3:30

(1:30 免费午餐 • 2:00 聚会)

让我们一起找到幸福!



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Seattle CCM Gospel Center

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福音聚會 GOSPEL MEETINGS

下午小聚

輕鬆聊聊天、互相支持的時間
(內容：同傾、同行、同分享)

每月第一和第三個週二下午2:00-3:00

歡迎任何人士參加 (費用全免)

西雅圖中信福音中心

677 S King St, Seattle, WA 98104

查詢: ccmsgc@gmail.com 或(短信/微信/whatsapp)206-624-0988

歡迎進來聚一聚

下午茶座

粵語
聚會

歡歌笑語 · 感人分享
美味茶點 · 交友聯誼

恭候光臨
費用全免

每月第二和第四個
週二

下午2:00-3:00

西雅圖中信福音中心

677 S King St, Seattle

(短信/微信/WhatsApp)

206-624-0988

ccmsgc@gmail.com

ccmseattle.org



运动班 WORKOUT CLASSES

長青运动班

Senior Exercise Class

周四 下午 1:30-2:30

国际公寓 (西雅图华埠)

607 Maynard Ave S
Seattle, WA 98104

- 西雅图中信福音中心主办
- 专为居住在西雅图华埠的长者而设
- 节目：椅上运动、唱歌、讲座分享
- 查询：ccmsgc@gmail.com 或
(短信/微信/WhatsApp) 206-624-0988



感恩喜乐赞美操

Joyful Workout / Praise Dance

周五上午 10:00-11:30

西雅图中信福音中心

677 S King St
Seattle, WA 98104

- 透过不同活动筋骨老少咸宜的舞蹈操运动，改善肌肉质量，提高肺活量，增进整体体能，并以圣经的话语为歌词来作曲编舞的，旋律优美，操中有舞，舞中有操，使全身的关节舒展
- 费用全免，备有茶点招待
- 查询：ccmsgc@gmail.com 或
(短信/微信/WhatsApp) 206-624-0988





开放时间 OPEN HOURS

周一至六 (除周三) 10 am - 5 pm

MON-SAT (except WED)

周三 10 am - 4 pm

WED

每周课程和聚会 Weekly Classes & Meetings

周日 Sun	1:30-3:30 pm	福乐小组 (1:30 免费午餐, 2:00 聚会)	Blessed Group (1:30 lunch, 2:00 program)
周一 Mon	1:30-3:15 pm	CT217 公民入籍简单易懂 128 题 (10/19 - 11/23, 共 6 课)	Citizenship Prep Class (128 Civics Q&As, part 2)
周二 Tue	2:00-3:00 pm	午间小聚 (每月第 1 & 3 个周二)	Afternoon Gathering (1 st & 3 rd Tue)
		下午茶座 (每月第 2 & 4 个周二)	Afternoon Tea Time (2 nd & 4 th Tue)
周三 Wed	3:00-5:00 pm	[网课] CT222 公民入籍能听会说易过关 (10/14 - 11/18, 共 6 课)	[online] Citizenship Prep Class (N-400 Personal Information)
周四 Thur	1:30-2:30 pm	长青运动班	Senior Exercise Class
	8:00-9:15 pm	[网课] 福乐小组姐妹查经	[online] Blessed Group Sisters Bible Study
周五 Fri	10:00-11:30 am	感恩喜乐赞美操	Joyful Workout / Praise Dance
	3:30-4:30 pm	[网课] 《生命之救主》路加福音查经	[online] Bible Study
周六 Sat	10:30 am-12:30 pm	喜讯布道队练唱粤曲	Cantonese Opera Choir Practice
	2:00-3:30 pm	CD101 趣味中文初级班 (6 岁及以上儿童) ENG125 实用美语 100 句(五) (10/3 - 11/7 共 6 课) 上课地点: 西雅图华人美南浸信会 925 S King St, Seattle	Children's Chinese Language Class (age 6 & up) Practical American English 100 @ Chinese Southern Baptist Church
	6:30-8:30 pm	[网课] 福乐小组弟兄查经	[online] Blessed Group Brothers Bible Study